



Cycling Marathon Race Guide

The fourth edition of the 12 hours endurance cycling race 'Monza 12H Cycling Marathon' is organized by Laguna Running Società Sportiva Dilettantistica a Responsabilità Limitata, and takes place on the Monza Formula 1 Racetrack. Athletes can compete individually or as part of a team of 2, 4 and 8 entrants (male, female or mixed). Fixed-gear bicycles are allowed with a dedicated rank.

Race Info

Event name: Monza 12H Cycling Marathon

When: 15-16 September 2018

Registration: open until 14 September 2018 by h 13:00

Briefing: Saturday 15 September at 18:30 pm on the racetrack followed by a warm-up loop

Bike check: Saturday 15 September starting at 14,30 at the bike depot

Start and Finish: Monza National Racetrack (on the racetrack)

Start time: Saturday 15 September at 19

Aid stations: at the end of the pit lane

Technical support: provided by the organization, wheel support included; team support is not allowed

Official Hospitality Partner: B&B Hotel Milano – Monza, more info at www.followyourpassion.it

Goodie bag: provided

How to get: by plane from Milano Malpensa Airport, by train from Monza Railway Station.
Main access: Via Vedano n. 5, 20900 Monza

Entry requirements:

- F.C.I members and Enti di Promozione Sportiva members who hold an active health certification attesting the ability to practice competitive cycling.
- Foreign amateur cyclists who own an active 2018 U.C.I. membership, released by their own national cycling federation, or provide the ethic certification in English language and the suitability certification according to the form that can be downloaded on the federation website.
- Members of the associations/clubs who have signed the agreement with F.C.I for 2018 and members of the associations who can provide the Bike Card together with their association/club membership card.

Cyclist who do not own an active membership can apply for a daily F.C.I membership. The fee is euros 15,00 and covers third party liability insurance during the event. In order to apply for a daily membership, it is mandatory to provide an active health certification attesting the ability to practice competitive cycling. Membership must be requested in

advance, by either Italian and foreign athletes, during the registration process.

DISQUALIFICATION:

the Organizing Committee can decide at any time whether accept an entrant or not, in case entry might cause damage to the event image. Entry to cyclists with over 6 months penalties related to doping will be denied.

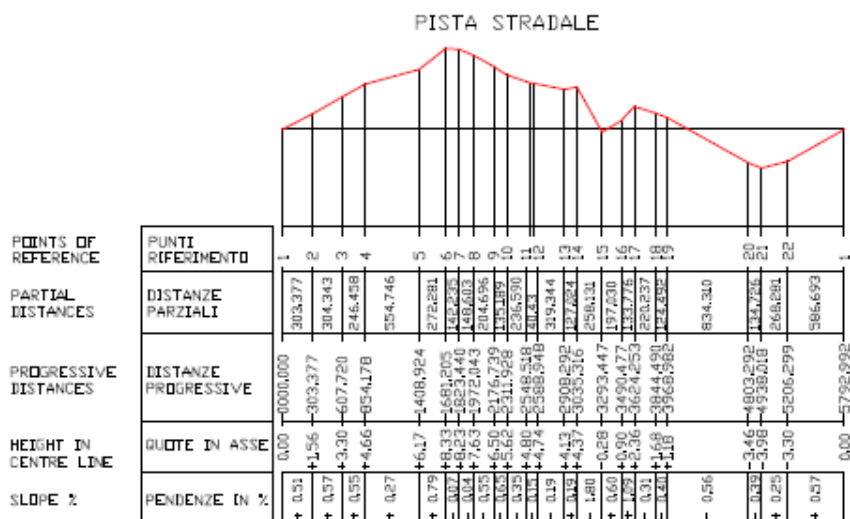
PROFESSIONAL ATHLETES, ELITE, U23:

Any team can register 50% of the entrants categorized in the following categories: professional athletes, Elite and Under 23. Pro athletes or former pro athletes since less than 4 years, Elite athletes and Under23 can only take part as ambassadors, and their laps will not be considered in the final ranking: nevertheless, a dedicated rank including these teams final results will be available.

Course:

Autodromo Nazionale Monza (track mt. 5.793).





Circuit:

The Monza 12H Cycling Marathon is part of the **Follow Your Passion** circuit (www.followyourpassion.it) and is a FCI amateur race. The race is also included in the Ultra Marathon Cycling Association international schedule and entrants earn points for the UMCA World Cup.

Entry fees and registration:

Online registration will be open until 14 September 2018 by h 13:00 through the website www.followyourpassion.it. An active 2018 F.C.I membership card (or other allowed Enti di Promozione Sportiva) will be requested at bib number pick up.

A maximum number of 500 teams will be allowed.

Entry fees:

	by 31/01	from 01/02 to 25/04	from 26/04 to 07/09	From 08/09 to race day (15/09)
Individual	€ 100,00	€ 120,00	€ 135,00	€145,00
Team of 2	€ 180,00	€ 210,00	€ 240,00	€ 260,00
Team of 4	€ 320,00	€ 380,00	€ 440,00	€ 480,00
Team of 8	€ 560,00	€ 680,00	€ 780,00	€ 860,00

A discount can be granted to teams for collective registration. Please contact organizers through the email bike@followyourpassion.it for more information.

Registration fee includes:

- Race bib, timing chip
- Goodie bag
- A dedicated area with sports massage center, bike mechanic assistance
- Guarded bike storage
- Wheel assistance
- Aid stations
- Pasta party
- Men and women dressing room, bag check
- Parking inside the race track

Registration closing:

Online registration will close on Friday, 14 September 2018 at h 13,00. Onsite registration will be open at the Autodromo Nazionale Monza on Saturday, 15 September, 14:00 to 17:00.

Registration can be closed in advance if deemed necessary for security reasons at sole discretion of the organizers. Ten wild cards can be assigned at sole discretion of the organizers. Entrants must provide all personal information, membership and health certification one month prior to the event or at the moment of registration.

ENTRY CHANGES AND SUBSTITUTIONS: substitutions among team members will be allowed by Monday, September 10 on the official website www.followyourpassion.it or contacting bike@followyourpassion.it.

Registration confirmation:

Registration confirmation will be provided by email and can be verified on the website www.mysdam.net. If you do not receive any confirmation email, please contact bike@followyourpassion.it.

Registration fee refund:

Registration fee is not refundable.

Race schedule:

Saturday, 15 September 2018

- 14:00: bib and goodie bag pick up (by 19:00)
- 14:30: bike storage opens for technical check
- 17:30: pasta party (by 21:00)
- 18:30: race briefing (on the race track)
- 18:45: warm up lap start
- 19:00: start

Sunday 16 September 2018

- 07:00: finish/first finisher at the finish line
- 07:30: breakfast party
- 08:00: awards ceremony
- 08:30: timing chip return and finisher's medal pick up

Timing:

Any team will be given a timing chip and a bib number for each team member. Timing chip are personal and can not be transferred. Timing chip transfer will be subject to a 2 laps penalty. Any team manager must return all the team members timing chips to the proper desk set up by the organization, within 2 hours from the end of the race. There will be a € 55,00 charge per chip not returned.

Bib number:

Any entrant will receive a front and a back bib number (that does not determine the starting position). The back bib must be placed on the right side and be clearly visible.

Uniform:

Team members must all wear the same team jersey. Only professional athletes can wear their own jersey.

There are no uniform requirements as long as they are professional and not offensive.

In case of bad weather, wearing clear raincoats is recommended, in order to simplify team and bib identification.

Interchange:

Any athlete can replace a team member according to the following rules:

1. Substitution must occur on the area designated by the organization and athletes must wear the team race bib.
2. Only the substituting athlete can enter and stay in the interchange area. If more than one athlete of the same team stays in the interchange area, the athlete will be subject to a first verbal warning and then to a 1 lap penalty.
3. The start from the interchange area must occur with the foot on the ground, otherwise the athlete will be subject to a first verbal warning and then to a 1 lap penalty.
4. Team managers will be assigned a dedicated area.
5. The minimum interchange time at the pit lane is 10 seconds, with a tolerance that will be judged by the race referees and will be subject to a 10 seconds penalty.
6. Interchange is not allowed during the last 10 minutes of the race.

Interchange area map:

4. Disk brakes are not allowed
Transceiver is allowed.
Glass bottles are forbidden.
Participants are responsible for their own gear.

Results:

The winning team is the one that completes more laps in 12 hours. In the event of equal laps, results will be based on the finish line crossing at the end of the 12 hours.
In the event of no show or drop out of the race of one or more team members, and other team members decide to continue the race, the team will stay in the original rank with no penalty.

Categories and awards:

Categories: men, women, mixed (1 athlete for each genre).

Awards:

- The first, second and third overall team
- The first, second and third individual overall man
- The first, second and third individual overall woman
- The first team for each category (if in that category take part at least 3 teams) including both traditional and fixed-gear bikes.

Special awards:

- best lap women
- best lap men
- best lap women fixed-gear
- best lap men fixed-gear
- furthest distance team
- youngest athlete

Team assistance:

No more than 3 staff members per team will have access to the village area, and they must wear the wristband that will be delivered together with the timing chip.
A technical support area, together with the communal village area, will be available for each team. Each area (6x2m, bigger vehicles will not be allowed) will be located in the outdoor parking lot next to the paddock.

Bike depot:

Bike depot will open at 14:30. Bringing bikes to the designated area for bike check is mandatory.

For safety reasons, access to the bike storage is only allowed to bikes with the front bib and athletes wearing the corresponding back bib.

Medical assistance:

Medical assistance will be provided by the organization along the course. Riders can contact 118 just in case of emergency.

Emergency:

Please contact the Organizing Committee: 0039 346 2630151.

Theft:

Organizers are not responsible for unattended bikes theft.

Garbage policy:

The Monza 12H Cycling Marathon is committed to protecting the environment. Any discarding of trash along the race track is prohibited and will lead to disqualification.

Prohibitions:

Any food and drinks trade or giveaway inside the competition area provided by people who are not part of the team is prohibited. Merchandising and any other trade is also prohibited and will lead to disqualification of the team.

Information and hospitality:

Please check the event official website www.followyourpassion.it for information concerning hotels, restaurants and other event partners.

Insurance policy and Medical Certificate:

The FCI or other Ente di Promozione Sportiva membership provides an insurance policy.

At bib pick up, all entrants who are not FCI, Ente di Promozione Sportiva members (or a foreign national federation members recognize by UCI for foreign athletes) must provide a medical certificate from a physical which attests evidence of suitability for competitive sports. They also must sign up for the daily FCI membership (Eur 15,00). According to the Italian law (ex. D.M. 18 febbraio 1982), the medical examination must include the following tests: general medical examination, eyesight examination, static and dynamic electrocardiogram, spirometry.

All entrants will be covered by an insurance provided by F.C.I. and the Organizing Committee.

Complaints:

All complaints must be addressed to the race judges together with the payment of the F.C.I. fee.

RELEASE AND WAIVER OF LIABILITY:

"Io sottoscritto, per me medesimo, per i miei eredi ed esecutori testamentari, consapevole delle sanzioni penali previste in caso di dichiarazioni non veritiere e di falsità negli atti (art.26 l. 15/68 e art. 489 c.p.) dichiaro: di aver letto e di conseguenza conoscere, accettare e rispettare il regolamento della "Monza 12H Cycling Marathon 2018"; di essere consapevole che la partecipazione agli eventi sportivi agonistici è potenzialmente un'attività a rischio se non si è adeguatamente preparati e in condizioni fisiche idonee; di essere consapevole che per iscriversi si deve essere in possesso del certificato medico di idoneità all'attività sportiva agonistica per il ciclismo in corso di validità e di aver compiuto 16 anni alla data dell'evento; di iscrivermi volontariamente e mi assumo tutti i rischi derivanti dalla mia partecipazione all'evento: cadute, contatti con veicoli, con altri partecipanti, spettatori o altro, condizione di tempo, incluso caldo torrido, freddo estremo e/o umido, traffico e condizioni della strada, ogni tipo di rischio ben conosciuto e da me valutato. Essendo a conoscenza di quanto sopra, considerando l'accettazione della mia iscrizione, io, per mio conto e nell'interesse di nessun altro, sollevo e libero il Comitato Organizzatore dell'evento Monza 12H Cycling Marathon, Laguna Running SSDRL, MG Sport srl, la F.C.I., l'Autodromo Nazionale Monza, il Comune di Monza, il Consorzio Villa Reale e Parco di Monza, la Provincia di Monza Brianza, la Regione Lombardia, gli enti promotori, tutti gli sponsor e partner organizzativi dell'evento, i rispettivi rappresentanti, successori, funzionari, direttori, membri, agenti, collaboratori ed impiegati delle società

sopra citate, di tutti i presenti e futuri reclami o responsabilità di ogni tipo, conosciuti o sconosciuti, derivati dalla mia partecipazione all'evento.

Privacy e Image Rights:

According to the D.lgs. n°196 del 30/6/2003, before registration athletes must accept the privacy policy, available on the official website www.followyourpassion.it.

According to the D.Lgs. n°196 del 30/06/2003 ("Testo Unico della Privacy"), personal information will only be used for start lists, results, archive, and to send information or promotional materials concerning the Monza 12H Cycling Marathon or its partners.

In registering to the Monza 12H Cycling Marathon, athletes authorize organizers and media partners to use images and videos taken during the race.

Event cancellation:

In the event of cancellation or postponement of the race, due to reasons who cannot be attributed to organizers, including revocation by public authorities, entrants cannot ask for any refund to either organizers, Laguna Running SSDrl and MG Sport Srl.

Please note:

Rules can be altered at any time if deemed necessary at sole discretion of race organizers and F.C.I. The competition will take place under any weather condition. In registering to the race, entrants accept all the above clauses and those established by the Regolamento Tecnico del Settore Amatoriale e Cicloturistico Nazionale S.A.N.

Monza, May 2018